

DARSHAN ACADEMY
MONTH WISE SYLLABUS – 2023-24
GRADE: I

SUBJECT: ENGLISH

MONTH	SYLLABUS
APRIL	<ul style="list-style-type: none"> • POEM: I Look In the Mirror • Picture Description
MAY	<p>Reader: L-1 Good Morning, Mia and Mo</p> <ul style="list-style-type: none"> • Seen Passage • Creative writing <p>Grammar: Naming words, Action words</p>
JULY	<p>Reader: L-2 Too big, Too small</p> <ul style="list-style-type: none"> • Creative writing <p>Grammar: This/That, One- Many</p>
AUGUST	<p>Reader: L-3 Show and Tell</p> <ul style="list-style-type: none"> • Creative writing • Picture Description <p>Poem: Back to School</p> <p>Grammar: Compound words, Preposition, This/That/These/Those, is/am/are + action words + ing</p>
SEPTEMBER	<p>Revision</p> <p>Reader: L-4 Just Like Me</p> <ul style="list-style-type: none"> • Comprehension passage • Creative writing <p>Grammar: Pronouns (He, She, It, I, We, You, They), Punctuation</p>
OCTOBER	<p>Reader: L-5 Birdwatching with Granny</p> <ul style="list-style-type: none"> • Creative writing <p>Grammar: One- Many, Describing words</p>
NOVEMBER	<p>Grammar: Opposites, Sentence</p> <p>Poem: The Turtle</p> <ul style="list-style-type: none"> • Picture Description • Comprehension passage
DECEMBER	<p>Reader: L-6 Worlds Around Us</p> <ul style="list-style-type: none"> • Creative writing • Picture Description • Comprehension passage <p>Grammar:A/An, Pronouns</p>

JANUARY	Reader: L-7 The Firefly L-8 Sonu's Guests • Creative writing Grammar: • 'ed' words, Past form, Using 'not', Opposites, Describing words
FEBRUARY	• Revision

SUBJECT: ENGLISH (ENVIRONMENTAL COMPONENTS)

MONTH	SYLLABUS
APRIL	<ul style="list-style-type: none"> • L-1: All About Me • L-2: My Family
MAY	<ul style="list-style-type: none"> • L-3: My Home
JULY	<ul style="list-style-type: none"> • L-4: My School • L- 5: My Body
AUGUST	<ul style="list-style-type: none"> • L- 6: Health and Safety • L- 7: Food We Eat
SEPTEMBER	<ul style="list-style-type: none"> • Revision • L- 8: Clothes We Wear
OCTOBER	<ul style="list-style-type: none"> • L- 9: Places in My Neighborhood • L- 10: People in My Neighborhood
NOVEMBER	<ul style="list-style-type: none"> • L- 11: Special days • L- 12: Time to Travel
DECEMBER	<ul style="list-style-type: none"> • L-13: Our Plant Friends • L- 14: Animals Around us
JANUARY	<ul style="list-style-type: none"> • L- 15: Air and Water • L- 16: Weather and Seasons • L- 17: Heavenly Bodies
FEBRUARY	• Revision

SUBJECT: HINDI

MONTH	SYLLABUS
APRIL	पाठ १: वर्णमाला पाठ २: शब्द रचना पाठ ३: " आ " की मात्रा (ा)
MAY	पाठ ४: इ की मात्रा (ि) पाठ ५: ई की मात्रा (ी) पाठ ६: उ की मात्रा (ु)
JULY	पाठ ७: ऊ की मात्रा (ू) पाठ ८: ऋ की मात्रा (ृ) पाठ ९: ए की मात्रा (े)
AUGUST	पाठ १०: ऐ की मात्रा (ै) पाठ ११: ओ की मात्रा (ो) पाठ १२: औ की मात्रा (ौ) पाठ १३: अं (ां), अँ (ाँ), अः (ाः)

SEPTEMBER	<ul style="list-style-type: none"> • पुनरावृत्ति पाठ १४ : र की मात्रा
OCTOBER	पाठ १५: संयुक्त व्यंजन पाठ १६: द्वित्व व्यंजन व संयुक्ताक्षर पाठ १७: इ - ढ, ज़ - फ़, आँ (ँ)
NOVEMBER	पाठ १८: दस खड़ी पाठ १९: मीठे बोल (कविता) पाठ २० : माँ और मेघ (शब्द – चित्र कहानी) पाठ २१ : खरगोश ने रंग लगाया (कहानी)
DECEMBER	पाठ २२: आदत सुधर गई (कहानी) पाठ २३: चिड़ियाघर (कविता)
JANUARY	पाठ २४: गुलाब ने कहा (कहानी) पाठ २५: बिल्ली और दिल्ली (कविता) पाठ २६: कल वाली बात (कहानी)
FEBRUARY	<ul style="list-style-type: none"> • पुनरावृत्ति

SUBJECT: MATHEMATICS

MONTH	SYLLABUS
APRIL	<ul style="list-style-type: none"> • Unit 1: Shapes and Space
MAY	<ul style="list-style-type: none"> • Unit 2: Numbers from 1 to 9
JULY	<ul style="list-style-type: none"> • Unit 3: Addition
AUGUST	<ul style="list-style-type: none"> • Unit 4: Subtraction • Unit 5: Numbers from 10 to 20
SEPTEMBER	<ul style="list-style-type: none"> • Revision • Unit 6: Time
OCTOBER	<ul style="list-style-type: none"> • Unit 7: Measurement • Unit 8: Numbers from 21 to 50
NOVEMBER	<ul style="list-style-type: none"> • Unit 9: Data Handling
DECEMBER	<ul style="list-style-type: none"> • Unit 10: Patterns • Unit 11: Numbers
JANUARY	<ul style="list-style-type: none"> • Unit 12: Money • Unit 13: How Many
FEBRUARY	<ul style="list-style-type: none"> • Revision

SUBJECT: SPIRITUAL CURRICULUM

MONTH	SYLLABUS
APRIL	<ul style="list-style-type: none"> • Meditation
MAY	<ul style="list-style-type: none"> • The Introspection Diary
JULY	<ul style="list-style-type: none"> • Nonviolence • Truthfulness
AUGUST	<ul style="list-style-type: none"> • Humility • Love for All and Love for God
SEPTEMBER	<ul style="list-style-type: none"> • Revision • Compassionate Diet

OCTOBER	<ul style="list-style-type: none"> • Personal Goal Setting • Key Principles in Spirituality
NOVEMBER	<ul style="list-style-type: none"> • The Role of a Spiritual Master • Living a Spiritual Life in the Modern World
DECEMBER	<ul style="list-style-type: none"> • Conflict Resolution
JANUARY	<ul style="list-style-type: none"> • Selfless Service
FEBRUARY	<ul style="list-style-type: none"> • Revision

SUBJECT: COMPUTER

MONTH	SYLLABUS
APRIL	<ul style="list-style-type: none"> • Computer—A Wonderful Machine
MAY	<ul style="list-style-type: none"> • Features of a Computer
JULY	<ul style="list-style-type: none"> • Places where Computers are used
AUGUST	<ul style="list-style-type: none"> • Parts of a Computer
SEPTEMBER	<ul style="list-style-type: none"> • Uses of a Keyboard
OCTOBER	<ul style="list-style-type: none"> • Uses of a Mouse
NOVEMBER	<ul style="list-style-type: none"> • Introduction to Tux Paint
DECEMBER	<ul style="list-style-type: none"> • Reasoning and Critical Thinking
JANUARY	<ul style="list-style-type: none"> • Reasoning and Critical Thinking... cont.
FEBRUARY	<ul style="list-style-type: none"> • Introduction to Artificial Intelligence

SUBJECT: GENERAL KNOWLEDGE

MONTH	SYLLABUS
APRIL	<ul style="list-style-type: none"> • Drix does not remember • About me
MAY	<ul style="list-style-type: none"> • All about countries • Where is Scorch?
JULY	<ul style="list-style-type: none"> • What is around us? • Map of India • Quiz time • The Mystical tree
AUGUST	<ul style="list-style-type: none"> • Let us make a poster • Animals and their little ones • Circle the right baby animal • Help Panda • Mindful listening
SEPTEMBER	<ul style="list-style-type: none"> • Revision
OCTOBER	<ul style="list-style-type: none"> • All about colors • Colors and their meanings • Match colors and their meaning
NOVEMBER	<ul style="list-style-type: none"> • Make your own art. • Class activity • Help Felix
DECEMBER	<ul style="list-style-type: none"> • Personal Hygiene • Hygiene chart • The germs activity

JANUARY	<ul style="list-style-type: none"> • Germs are all around us • Wash hands to kill germs • How many times do you wash your hands?
FEBRUARY	<ul style="list-style-type: none"> • Revision

SUBJECT: ART & CRAFT

MONTH	TOPIC	ACTIVITY
APRIL	House	Colouring
	Mountain	Colouring
	Camel	Finger Printing
	Scenery	Pattern designing
MAY	Elephant	Water colouring
	Duck & Duckling	Collage work
JULY	Lady bird	Dot painting
	Hut	Pencil shaving pasting
	Tree	Colouring
	Free hand drawing	Drawing & colouring
AUGUST	Sheep	Cotton pasting
	Birds	Thumb impression
	Balloon	Glitter pasting
	Birds	Spray painting
SEPTEMBER	Under water scene	Colouring
	Bouquet	Wax crayon painting
OCTOBER	Cat	Grid drawing
	Car	Collage work
	Hornbill	Dot painting
	Birds	Pattern making
NOVEMBER	Flowerpot	Colouring & finger printing
	Snake	Bindi pasting
	Alien	Paper cutting
	Cat	Sand paper colouring
DECEMBER	Garden	Water colouring
	Butterflies	Pattern designing
	Cow & calf	Finger printing
	Free hand drawing	Christmas scene
JANUARY	Alligator	Paper craft
	Mask	Paper craft
	Glider	Ice cream stick craft

FEBRUARY	Pigeon	Origami work
	Free hand drawing	Drawing & colouring
	Nature scene	Drawing & colouring

SUBJECT: MUSIC

MONTH	TOPIC	SONG/ ACTIVITY
APRIL	Alankar	Five notes (sa re ga ma pa)
MAY	Song	Song based on 5 notes only small interval (kabhi khushi k bhi gham, tara rum pum pum)
JULY	Hindi Song	Re ma re ma re ma re, hum to gye bazaar me and nani teri morni
AUGUST	English Song	God's love is so wonderful
SEPTEMBER	Patriotic Song	Hum chote chote bche hai
OCTOBER	Mool Mantar	Ik onkar simran
NOVEMBER	Devotional Bhajan	Kabhi ram banke
DECEMBER	Christmas Carol	Jingle bell , chup hai chanda chu hai taare
JANUARY	English Song	We shall overcome
FEBURARY	Revision and practice	Full syllabus practice with presentation

SUBJECT: LIBRARY

MONTH	TOPIC	ACTIVITIES
APRIL	Library Orientation & Introduction International Book Day [23 rd April] Story Watching	<ul style="list-style-type: none"> • Introduction about Library, its role, policies, information about available reading resources, books, periodicals, circulation rules etc. • Celebration of International Book Day • Importance of books • Watching stories on animals/birds, character building • Discussion about watched stories
MAY	Connection development with the books International Book Day [23 rd April]	<ul style="list-style-type: none"> • Reading books based on different virtues • Establish various connections - Text to text • Celebration of International Book Day • Importance of books
JULY	Reading Books Magazine Reading	<ul style="list-style-type: none"> • Reading books from English Literature Section on Fairy tales, Moral Stories, Panchtantra tales • Story telling from <i>Children's World Magazine</i>
AUGUST	Connection development with the books Freedom Fighter Memoir Week	<ul style="list-style-type: none"> • Reading books based on different virtues • Establish various connections. - Text to self • Discussion about their favourite freedom fighters and making a collage for the same • Story watching on freedom fighters.
SEPTEMBER	International Literacy Day- 8 th September Reading hours Creativity Work	<ul style="list-style-type: none"> • Role of school libraries in context to Literacy. • Educational Story video will be shown to the kids • Reading books on Fairy tales, Panchtantra tales, Dreamland stories • Colouring of Story character

OCTOBER	Reading hours Story Watching	<ul style="list-style-type: none"> • Free choice to read books • Watching Story on virtues Questioning
NOVEMBER	National Education Day- [11 th Nov.] National Book Week -[14 th Nov.-20 th Nov.]	<ul style="list-style-type: none"> • Story Watching on Dr. A.P.J.Abdul Kalam • Celebration of National Children's/Library Week • Exhibition of books published by National Book Trust, Children's Book Trust • Selection of favorite stories and drawing of their favorite characters from story books
DECEMBER	Reading books Discussion & Questioning	<ul style="list-style-type: none"> • Reading books from Hindi Literature Section - Vikas Stories & NBT publication • Discussions about the main characters given in the books • Story watching on Santa Claus.
JANUARY	Connection development with the books Book Talk Story Triangle	<ul style="list-style-type: none"> • Reading books based on different virtues • Establish various connections • Text to World • Book Talk on books published by NBT publication • Story Triangle Activity will be conducted in the class
FEBRUARY- MARCH	Kirpal Week Celebration Reading books Newspaper Reading	<ul style="list-style-type: none"> • Story watching on Love and Kindness • Exhibition of books written by Sant Kirpal Singh Ji, Sant Sawan Singh Ji, Sant Darshan Singh Ji, Sant Rajinder Singh Ji • Book – Donation Drive • Collage work on pictures about Love and Kindness using books/magazines • Reading Newspaper • Sharing news on act of love and kindness

SUBJECT: PHYSICAL EDUCATION

MONTH	TOPIC AND TIME	LEARNING OBJECTIVES	MATERIAL REQUIRED	ACTIVITIES
APRIL	Walk on Toe & Heels	Students will be able to: - develop agility, Balance, Coordination, - know different Shapes through walk	Lime Powder, Rope, Cone, Marker	Zig Zag Walk, Square Walk, Triangle Walk
	Animal Walk	- develop agility, balance, Coordination - know about Animal Walk	Lime Powder	Kangaroo Walk, Frog Jump, Elephant Walk, Duck Walk
	Relay Race	- develop muscular endurance, Team Spirit, Speed	Bean Bag, Ball, Marker, Cone	Bean Bag Relay, ball relay, Clap relay With Elbows, With Knees, With Stomach
MAY	Ball Handling	-develop agility, balance, Coordination, Improve Arm & Leg Strength	Lime Powder, Ball	With Elbows, With Knees, With Stomach
	Throw Game	-learn throw in grand catching skills, team sprit	Bean Bag, Ball	Ball throw, Bean Bag Throw

	Traffic Light	-develop agility, balance, Coordination, - learn different directions		Run in Circle, Jump in Right, Jump in Left.
JULY	Minor Game	-develop agility, balance, coordination	Lion Mask, Goat Mask	The lion & The goat
	Athletics	- improve running jumping Hopping skills	Lime Powder	Running, Jumping, Hopping
	Walk on toe & Heels	-develop agility, balance, coordination -know different shapes through walking	Lime Powder, Rope, Cone, Marker	Zig Zag Walk, Square Walk, Triangle Walk
AUGUST	Obstacle Relay	Students will be able to- - develop muscular endurance, team spirit, speed	Beanbag, ball, marker one, ring	Using different object
	Whistle Stop	-develop muscular, strength, balance concentration	Whistle	Running & balancing game
SEPTEMBER	Animal walk	-develop agility, balance, coordination - know about animal walk	Lime powder	Kangaroo Walk, Frog Jump, Elephant Walk, Duck Walk
	Target Practice	- develop Throwing Skills	Bean Bag, Ball, Marker, Cone, Ring	Using Different Object
	Aerobics	- develop, Flexibility, Balance, Muscular Strength	Music System	Pre-Aerobics Fun
OCTOBER	Basket Ball	Students will be able to - - develop balance, coordination, dribbling skills.	BasketBall	Dribbling
	Physical Exercise	develop muscular strength, Balance and concentration	Mats	Mass PT
	Ball Handling	- develop agility, balance, coordination, improve arm and leg strength	Lime Powder, Ball	With Elbows, with knees, with stomach
NOVEMBER	Throw Game	- Learn throwing and catching	Bean Bag, Ball	Ball throw, Bean Bag Throw
	Yoga	- develop muscular Strength, balance, Concentration & flexibility	Mats	Tadasan, Varjasan, Pachimotan Asan, Padmasan,
DECEMBER	Athletic	- develop muscular strength & Speed	Marker, Cone	50 Mt. Sprint
	Relay Race	- develop muscular endurance, Team Spirit, Speed	Bean Bag, Ball, Marker, Cone	Bean Bag Relay, Ball Relay, Clap relay with Elbows, With knees, With Stomach

JANUARY	Parachute Games	Students will be able to develop muscular strength, balance & concentration	Parachute, Ball	Up & Down Twisting, Roller Ball, Floating the Shoot
FEBRUARY	Jumping	- flexibility, balance, muscular strength	Rope, Marker, Cone	Jumping for Length Jumping for Height
	Minor Game	- flexibility balance & throwing skills	Lime Powder & Ball	Dodge Ball
MARCH	Hopping	- develop agility, balance and Coordination.	Marker, Cone	Hopping One Leg Hopping Both Leg Hopping Relay
	Stretching Exercise	- muscular endurance, team spirit, Speed - flexibility, Balance, and muscular strength	Marker, Cone, Lemon, Spoon	Upper Arm, Shoulder, Hip Flexural Exercise, Hamstring & Calf Stretch

ASSESSMENT WISE SYLLABUS – 2023-24

ASSESSMENT I: 8TH JULY TO 15TH JULY 2023

SUBJECTS	SYLLABUS
ENGLISH	Poem: I Look In the Mirror Reader: L-1 Good Morning, Mia and Mo <ul style="list-style-type: none"> • Seen Passage • Picture Description • Creative writing Grammar: Naming words, Action words
HINDI	पाठ १ : वर्णमाला पाठ २ : शब्द रचना पाठ ३ : " आ " की मात्रा (ा) पाठ ४ : इ की मात्रा (ि) पाठ ५ : ई की मात्रा (िी) पाठ ६ : उ की मात्रा (उ)
MATHEMATICS	UNIT 1: Shapes and Space UNIT 2: Numbers from 1to 9
ENGLISH (ENVIRONMENTAL COMPONENTS)	L-1: All About Me L-2: My Family L-3: My Home

ASSESSMENT II: 9TH SEPTEMBER TO 22TH SEPTEMBER 2023

SUBJECTS	SYLLABUS
ENGLISH	Reader: L-2 Too big, Too small L-3 Show and Tell Poem: Back To School <ul style="list-style-type: none"> • Comprehension passage • Picture Description

	<ul style="list-style-type: none"> • Creative writing <p>Grammar: This/That, One- Many, Compound words, Preposition, This/That/These/Those, is/am/are + action words + ing</p>
HINDI	<ul style="list-style-type: none"> • पाठ ७ : ऊ की मात्रा (ू) • पाठ ८ : ऋ की मात्रा (ृ) • पाठ ९ : ए की मात्रा (े) • पाठ १० : ऐ की मात्रा (ै) • पाठ ११ : ओ की मात्रा (ो) • पाठ १२ : औ की मात्रा (ौ) • पाठ १३:अं (ां),अँ (ाँ),अः (ाः)
MATHEMATICS	<ul style="list-style-type: none"> • UNIT 3: Addition • UNIT4: Subtraction • UNIT 5: Numbers from 10 to 20
ENGLISH (ENVIRONMENTAL COMPONENTS)	<ul style="list-style-type: none"> • L-4: My School • L-5: My Body • L-6: Health and Safety • L-7: Food we Eat
SPIRITUAL CURRICULUM	<ul style="list-style-type: none"> • Meditation • Introspection Diary • Non-violence • Truthfulness • Humility • Love for all and Love for God
GENERAL KNOWLEDGE	<ul style="list-style-type: none"> • Drix does not remember • About me • All about countries • Where is Scorch? • What is around us? • Map of India • Quiz time • The Mystical tree • Let us make a poster • Animals and their little ones • Circle the right baby animal • Help Panda • Mindful listening
COMPUTER	<ul style="list-style-type: none"> • Computer—A Wonderful Machine • Features of a Computer • Places where Computers are used • Parts of a Computer • Uses of a Keyboard

ASSESSMENT III: 2nd DECEMBER TO 9TH DECEMBER 2023

SUBJECTS	SYLLABUS
ENGLISH	Reader: L-4 Just Like Me L-5 Birdwatching with Granny Poem: The Turtle <ul style="list-style-type: none"> • Comprehension passage • Picture Description • Creative writing Grammar: Pronouns (He, She, It, I, We, You, They), Punctuation, One- Many, Describing words, Opposites, Sentence
HINDI	<ul style="list-style-type: none"> • पाठ १४ : र की मात्रा • पाठ १५ : संयुक्त व्यंजन • पाठ १६ : द्वित्व व्यंजन व संयुक्ताक्षर • पाठ १७ : ङ - ढ , ञ - फ़ , ऑ (ॉ) • पाठ १८ : दसखड़ी • पाठ १९ : मीठे बोल (कविता) • पाठ २० : माँ और मेघ (शब्द - चित्र कहानी) • पाठ २१ : खरगोश ने रंग लगाया (कहानी)
MATHEMATICS	<ul style="list-style-type: none"> • UNIT 6: Time • UNIT 7: Measurement • UNIT 8: Numbers from 21 to 50 • UNIT 9: Data Handling
ENGLISH (ENVIRONMENTAL COMPONENTS)	<ul style="list-style-type: none"> • L-8 : Clothes we Wear • L-9: Places in My Neighbourhood • L-10: People in My Neighbourhood • L-11: Special Days • L-12: Time to Travel

ASSESSMENT- IV: 6TH MARCH TO 18TH MARCH 2023

SUBJECTS	SYLLABUS
ENGLISH	Reader: L-6 Worlds Around Us L-7 The Firefly L-8 Sonu's Guests <ul style="list-style-type: none"> • Comprehension passage • Picture Description • Creative writing Grammar: A/An, Pronouns, 'ed' words, Past form, Using 'not', Opposites, Describing words
HINDI	<ul style="list-style-type: none"> • पाठ २२ : आदत सुधर गई (कहानी) • पाठ २३ : चिड़ियाघर (कविता) • पाठ २४ : गुलाब ने कहा (कहानी)

	<ul style="list-style-type: none"> • पाठ २५ : बिल्ली और दिल्ली (कविता) • पाठ २६ : कल वाली बात (कहानी)
MATHEMATICS	<ul style="list-style-type: none"> • UNIT 10: Patterns • UNIT 11: Numbers • UNIT 12: Money • UNIT 13: How Many?
ENGLISH (ENVIRONMENTAL COMPONENTS)	<ul style="list-style-type: none"> • L-13: Our Plant Friends • L-14: Animals Around Us • L-15: Air and Water • L-16: Weather and Seasons • L-17: Heavenly Bodies
SPIRITUAL CURRICULUM	<ul style="list-style-type: none"> • Compassionate Diet • Personal Goal Setting • The Role of a Spiritual Master • Conflict Resolution • Selfless Service • Key Principles in spirituality • Living a spiritual life in the Modern world
GENERAL KNOWLEDGE	<ul style="list-style-type: none"> • All about colors • Colors and their meanings • Match colors and their meaning • Make your own art • Class activity • Help Felix • Personal Hygiene • Hygiene chart • The germs activity • Germs are all around us • Wash hands to kill germs • How many times do you wash your hands?
COMPUTER	<ul style="list-style-type: none"> • Uses of a Mouse • Introduction to Tux Paint • Reasoning and Critical Thinking • Introduction to Artificial Intelligence